



GLUTEN FREE MENU



SOUP

CHILI \$12

FRENCH ONION \$13

CREAM OF CRAB \$14

SALAD

CAESAR \$16

ROMAINE/PARMESAN/GF CROUTONS/HOUSE CAESAR

WEDGE \$16

ICEBERG/BACON/RED ONION/TOMATO
BLEU CHEESE CRUMBLES/BLEU CHEESE DRESSING

F50 COBB SALAD \$18

ROMAINE/TOMATO/CUCUMBER/PEPPERJACK
CHEESE/BACON/HARD BOILED EGG/GRILLED CHICKEN

GOAT ISLAND \$19

ROMAINE/ROASTED BEETS/GOAT CHEESE CRUMBLES
RADICCHIO/RED ONION/CRAISINS/MAPLE PECANS/APPLES
CRISPY GOAT CHEESE/CITRUS BERRY VINAIGRETTE

SALAD ADD ON'S

GRILLED CHICKEN \$8

PAN SEARED SALMON \$12

SHRIMP SALAD \$8

PAN SEARED SCALLOPS \$12

GRILLED SHRIMP \$10

GRILLED HANGER STEAK \$12

STARTERS

FRIED PICKLES \$12

HAND BREADED SERVED WITH CAJUN RANCH

MOZZARELLA BITES \$13

HAND BREADED SERVED WITH MARINARA SAUCE

GUACAMOLE \$14

HOUSE MADE/TORTILLA CHIPS

STARTERS

BURRATA \$24

PROSCIUTTO/BALSAMIC ROASTED TOMATOES/PEPPERS
OLIVES/CRISPY CAPERS/BASIL/GF CROSTINI/BALSAMIC GLAZE

FALAFEL BITES \$14

HOUSE MADE FALAFEL/FIG PUREE
CREME FRAICHE/ORANGE REDUCTION

FRIED GNOCCHI \$13

GARLIC PARMESAN OR
BUFFALO BLEU CHEESE

BRUSSELS \$15

CHOICE OF BACON JAM
CAESAR OR TRUFFLE BALSAMIC

CHIMI-STEAK \$25

CHAR-GRILLED HANGER STEAK
ARUGULA/FRENCH FRIES/HOUSE CHIMICHURRI

COCONUT SHRIMP \$18

COCONUT TEMPURA SHRIMP
HOUSE BANG BANG SAUCE

SALMON \$23

PAN SEARED SALMON
HONEY BOURBON GLAZED CARROTS

CRAB DIP \$20

HOUSE MADE SERVED
WITH CORN TORTILLA CHIPS

LETTUCE CUPS \$18

GRILLED CHICKEN/ROMAINE LETTUCE/PEANUTS
FRESNO CHILI/SLAW/CRISPY RICE NOODLES/PLUM SAUCE

VEGGIE'S OR GRILLED SHRIMP AVAILABLE

CONSUMING RAW OR UNDERCOOKED MEATS, POULTRY, SEAFOOD, SHELLFISH, OR EGGS MAY
INCREASE YOUR RISK OF FOODBORNE ILLNESS, ESPECIALLY IF YOU HAVE A CERTAIN MEDICAL CONDITION



GLUTEN FREE MENU



BURGERS

TANK \$22

F50 BURGER BLEND/AGED CHEDDAR
LETTUCE/TOMATO/ONION/LOCAL GF ROLL

BLACK N BLEU \$23

F50 BURGER BLEND/BLACKENED
BLEU CHEESE/PEPPER BACON/LOCAL GF ROLL

COWBOY \$23

F50 BURGER BLEND/PEPPER BACON/BACON JAM
AGED CHEDDAR/CRISPY LEEKS/BBQ SAUCE/LOCAL GF ROLL

HANGOVER \$23

F50 BURGER BLEND/GUACAMOLE/PEPPER JACK/PEPPER BACON
SUNNY SIDE EGG/CRISPY TORTILLA STRIPS/LOCAL GF ROLL

CHESAPEAKE BAY \$24

F50 BURGER BLEND/HOUSE CRAB DIP
AGED CHEDDAR/LETTUCE/TOMATO/LOCAL GF ROLL

SALMON \$24

SALMON BURGER/WHIPPED FETA SPREAD
CUCUMBER/LETTUCE/TOMATO/RED ONION/LOCAL GF ROLL

VEGGIE \$21

VEGGIE BURGER/LETTUCE
TOMATO/GUACAMOLE/LOCAL GF ROLL

SANDWICHES

SCOTTY \$22

GRILLED CHICKEN/GOAT CHEESE/BASIL AIOLI
ROASTED RED PEPPER/LOCAL GF ROLL

FALAFEL \$22

HOUSE MADE FALAFEL/LETTUCE/RED ONION
CUCUMBER/TOMATO/FETA/TZATZIKI/CAULIFLOWER CRUST

SOUTHERN CHICKEN \$21

FRIED CHICKEN BREAST/SLAW/CHIPOTLE MAYO/LOCAL GF ROLL
BUFFALO AVAILABLE

SHRIMP SALAD \$21

HOUSE MADE SHRIMP SALAD
LETTUCE/TOMATO/LOCAL GF ROLL

BLT \$20

PEPPER BACON/LETTUCE
TOMATO/BASIL MAYO/LOCAL GF ROLL

CATFISH \$21

FRIED CHESAPEAKE BLUE CATFISH
SLAW/CAJUN RANCH/LOCAL GF ROLL

PULLED PORK \$20

HOUSE BBQ PULLED PORK
COLE SLAW/LOCAL GF ROLL

CHICKEN BACON RANCH \$21

GRILLED CHICKEN BREAST/BACON JAM/AGED CHEDDAR
LETTUCE/TOMATO/BACON RANCH/LOCAL GF ROLL

CHEESESTEAK/CHICKEN CHEESESTEAK \$22

FRIED ONIONS/COOPER'S AMERICAN/GF SUB ROLL
ADD MUSHROOMS \$2

WINGS

1 LB

\$16

TANDOORI

CHIMICHURRI

BUFFALO

LEMON PEPPER

CHESAPEAKE

GARLIC PARMESAN

BEE STING

CHESAPEAKE HONEY

HOT

BOURBON BARREL



GLUTEN FREE MENU



FLATBREADS

PARMA \$23

PROSCUITTO/FIVE CHEESE BLEND
ARUGULA/GARLIC CONFIT SPREAD
WHITE TRUFFLE OIL/CAULIFLOWER CRUST

NEPTUNE \$26

SHRIMP/CRAB/FIVE CHEESE BLEND
GARLIC CONFIT SPREAD/LEMON SALT
BASIL OIL/CAULIFLOWER CRUST

CHIMI-STEAK \$27

CHAR-GRILLED HANGER STEAK
ARUGULA/FIVE CHEESE BLEND/FRENCH FRIES
CHIMICHURRI/CAULIFLOWER CRUST

VEGGIE \$21

SEASONAL VEGGIES
FIVE CHEESE BLEND/GARLIC CONFIT SPREAD
BALSAMIC GLAZE/CAULIFLOWER CRUST

BUFFALO \$22

CRISPY BUFFALO CHICKEN
FIVE CHEESE BLEND/BLEU CHEESE/BUFFALO
SAUCE/RANCH/CAULIFLOWER CRUST

TACOS

STEAK \$18

GRILLED STEAK/CHIMICHURRI/SLAW
PICKLED ONION & PEPPERS/CREMA/CORN TORTILLA

CHICKEN \$17

GRILLED CHICKEN/CUCUMBER/TOMATO
ONION/SHREDDED LETTUCE/TZATZIKI CREMA/CORN TORTILLA

SHRIMP \$17

FRIED BANG BANG SHRIMP/PICKLED CABBAGE
AVOCADO CREMA/SRIRACHA DRIZZLE/CORN TORTILLA

FISH \$18

TEMPURA CATCH OF THE DAY
PICKLED CABBAGE/AVOCADO CREMA/CORN TORTILLA

VEGGIE \$16

GRILLED PORTOBELLO/TOMATO/ONION
BASIL SLAW/BALSAMIC/CORN TORTILLA

SIDES

FRENCH FRIES \$3 SWEET POTATO FRIES \$4

TATER TOTS \$3 CHIPS \$3

SAUTEED SPINACH \$5 GLAZED CARROTS \$5

HOUSE SALAD \$5 BALSAMIC BRUSSELS \$5

EVENTS & ENTERTAINMENT SCHEDULE

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